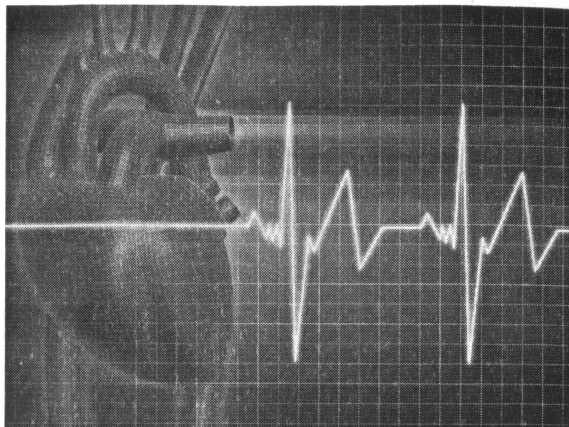


# Cardiac Home Follow-Up Program at Lions Gate Hospital



The Cardiac Home Follow-Up Program supports patients who have been hospitalized for an acute heart attack and/or bypass surgery; who reside in North and West Vancouver and Horseshoe Bay.

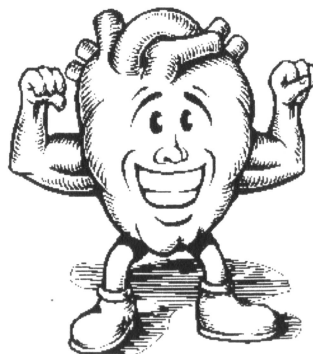
A cardiac clinical nurse specialist visits in the patient's home to assist in optimal recovery, and to promote self management.

The Cardiac Home Follow Up Nurse monitors the patient's cardiovascular, physical and emotional status during the recovery period. Education is a key component of the program, and the clinical nurse specialist assists the patient and family to enhance their knowledge surrounding the diagnosis and treatment of coronary artery disease.

Following the Canadian Cardiac Rehab guidelines, the Cardiac Home Follow-Up Nurse assists patients to increase their exercise capacity with short walks in the recovery period.

When patients have reached the end of their recovery period, they are encouraged to continue with their exercise program through the Lions Gate Cardiac Rehabilitation and Cardio-Metabolic Program. Additional program details can be found at:

**[www.vancouverhearthealth.com](http://www.vancouverhearthealth.com)**



Name of Patient

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Date of Birth

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Phone Number

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Address

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PHN Number

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Patient Signature

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Fax to Cardio Home  
Follow-up Program

**604-904-3514**

## Cardiac Home Follow-Up Program

*Supporting Cardiac Patients  
On The North Shore*



*Providing support to patients  
and their families post heart  
attack and /or bypass surgery in  
North and West Vancouver.*

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